

Club Workshops

Let us come to you and train your Playworkers in your Club with our in-house workshops.

Gweithdai Clwb Beth am ein gwahodd i ddod atoch a hyfforddi eich Gweithwyr Chwarae yn eich Clwb gyda'n gweithdai mewnol.

Clybiau Plant Cymru Kids' Clubs have a series of Practical Workshops for clubs. Our experienced training Officers will come to your setting and train your Playworkers alongside the children.

Focus on Food Workshop

With so many messages about healthy eating currently being aimed at children and young people, this workshop aims to help Playworkers so that they can promote healthy eating in a way that will motivate children to understand and adjust their eating habits through fun and creative ways. This workshop will support the Change4life initiative.

The course aims to provide Playworkers with the knowledge to identify the nutritional value of different foods as part of daily healthy living. It also aims to provide opportunities for Playworkers to prepare fun, healthy foods in an original and resourceful way to encourage children to develop healthy eating habits.

We have several themes to choose from so ask when you make your booking.



Mae gan Clybiau Plant Cymru Kids' gyfres o Weithdai Ymarferol i glybiau. Bydd ein Swyddogion Hyfforddi profiadol yn dod i'ch lleoliad ac yn hyfforddi eich Gweithwyr Chwarae ochr yn ochr â'r plant.

Gweithdy Ffocws ar Fwyd

A chymaint o negeseuon am fwyta'n iach yn cael eu hanelu at blant a phobl ifanc, nod y gweithdy yma yw helpu Gweithwyr Chwarae fel y gallant hyrwyddo bwyta iach mewn ffordd a fydd yn cymhell plant i ddeall ac addasu eu harferion bwyta mewn dulliau hwyliog a chreadigol. Bydd y gweithdy yma'n atgyfnerthu menter Newid am Oes.

Nod y cwrs yw rhoi i Weithwyr Chwarae'r wybodaeth i adnabod gwerth maethol gwahanol fwydydd yn rhan o fywyd iach bob dydd. Mae hefyd yn rhoi cyfleoedd i Weithwyr Chwarae baratoi bwydydd iach, lawn hwyl, mewn ffordd wreiddiol a dyfeisgar er mwyn annog plant i ddatblygu arferion bwyta iach.

Mae gennym sawl thema i ddewis ohonynt, felly gofynnwch wrth archebu'ch lle.

Duration / Hyd:
2 hours / 2 awr
Cost: £280

For more information

about workshops and costs please contact your regional office, or visit our website

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*Costs are for a maximum of 16 children and 2 Playworkers. For additional adults/ children, additional costs will apply. Non-members pay an additional £50.00 booking charge in addition to the cost of the workshop. Please note: Workshops must be booked and paid for at least 10 working days in advance of delivery.

*Mae'r costau am uchafswm o 16 o blant a 2 Weithwyr Chwarae. Yn achos oedolion / plant ychwanegol, bydd costau ychwanegol. Codir tâl archebu o £50.00 yn ychwanegol at gost y gweithdy ar glybiau nad ydynt yn aelodau. Nodwch os gwelwch yn dda: Rhaid archebu gweithdai a thalu amdanynt o leiaf 10 niwrnod cyn cyflenni.