

Grow Your Own Feast

Small Growing Spaces



Pizza Garden

Growing a pizza garden is a fun way to get into growing. A pizza garden can be any size or shape, and can even be grown in containers in a sunny spot. It is most fun, however, to make it circular in the shape of a pizza, with triangular slice-shaped beds containing different vegetables and herbs.

If the plot is large, the slices can be divided by narrow pathways or stepping stones, so that you can reach the plants in the centre. In smaller pizza gardens, you can use bricks, stones, sticks or even the spokes of a wagon wheel. If you have a very small space, you could restrict the circle to compact plants like pizza herbs

What you need

- An area of land, any shape but a circle shape like a pizza is more fun
- Sticks – to mark your pizza slices and provide support to your plants
- Seeds of your choice – see below for ideas.

What you need to do

- 1 Section your land into segments, or pizza slices – mark with some sticks if you like
- 2 Plant your seeds in each segment – it doesn't really matter what goes in each slice



Fun fact/top tips

- Tomatoes and peppers grow best in warm soil. Pick somewhere with lots of sun and shelter from the wind if possible.
- Tomatoes and peppers will need some support to stop them falling over, especially when the fruit is growing.
- Some herbs are called perennial, meaning they keep growing for a number of years. These include Rosemary, Sage, Thyme, Chives, Oregano.
- Lots of things we think of as vegetables, especially salad vegetables, are actually fruits. Tomatoes, Cucumbers, Pumpkin, Peppers, Chilli's Aubergine.
- Tomatoes, Potatoes, Peppers and Aubergines are all part of the same 'nightshade' family. You should not plant these in the same soil in consecutive years.



What to grow

Tomatoes

If you only have a small space or nowhere for tomato plants to climb (they can reach 8 foot), look for smaller bush tomato varieties.

Herbs

They are low maintenance, easy-to-grow, and beautiful. They are also perfect for growing in a container on a patio or on a sunny windowsill. Grow whatever herbs you like for your pizza. Basil, Oregano, Thyme, Parsley, and Rosemary are firm favourites.

Peppers

Peppers are delicious as a pizza topping and also are easy to grow. Good choices are bell peppers and sweet or hot banana peppers.

Sweetcorn

They grow tall and can also be used to support your tomato plants, saving space. Plant sweetcorn in groups rather than lines as they need other plants close to pollinate small space, you could restrict the circle to compact plants like pizza herbs

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Tyfu'ch Gwledd eich Hun

Mannau Tyfu Bach



Gardd Bitsa

Mae tyfu gardd bitsa'n ffordd hwyliog o ddod i arfer â thyfu. Gall gardd bitsa fod o unrhyw faint neu siâp, a gellir hyd yn oed ei thyfu mewn cynwysyddion mewn man heulog. Ond mae'n fwy o hwyl i'w gwneud ar siâp cylch, fel pítsa, a gwelyau ar siâp sleisys triongl yn cynnwys gwahanol lysiau a pherlysiâu.

Os yw'r man tyfu'n fawr, gellir rhannu'r sleisys gan lwybrau cul neu gerrig camu, fel y gallwch gyrraedd y planhigion yn y canol Mewn gerddi pítsa llai, gallwch ddefnyddio brics, cerrig, ffyn bychain neu hyd yn oed adenydd olwyn. Os oes gennych le bach iawn, gallech gyfyngu'r cylch i blanhigion cyddwys fel perlysiâu pítsa.

Bydd arnoch angen

- Darn o dir, unrhyw siâp, ond mae siâp cylch fel pítsa yn fwy o hwyl
- Ffyn – i ddynodi'ch sleisys pítsa ac i atgyfnerthu'r planhigion
- Hadau o'ch dewis – gweler isod am syniadau.

Beth i'w wneud

- 1 Rhannwch eich tir yn gylchrannau, neu sleisys pítsa – marciwch y rhain ag ambell i ffon fechan os hoffech.
- 2 Plannwch eich hadau ym mhob cylchran – does dim gwahaniaeth mewn gwirionedd beth sy'n mynd i mewn i'r sleisys unigol.



Cynghorion Campus

- Mae tomatos a phuprynnau'n tyfu orau mewn pridd cynnes. Dewiswch rhywle â digonedd o haul a chysgod oddi wrth wynt os yw hynny'n bosibl.
- Bydd angen rhywfaint o gefnogaeth ar domatos a phuprynnau i'w rhwystro rhag syrthio drosodd, yn enwedig pan fydd y ffrwyth yn tyfu.
- Gelwir rhai perlysiâu'n rhai lluosflwydd, sy'n golygu eu bod yn dal i dyfu am nifer o flynyddoedd. Mae'r rhain yn cynnwys Rhosmari, Saets, Teim, Cennin Syfi ac Oregano.
- Ffrwyth yw llawer o bethau sy'n cael eu hystyried gennym fel arfer yn llysiâu: tomatos, ciwcymbrau, pwmpenni, tshilis ac wyllysiâu.
- Mae tomatos, tatws, puprynnau ac wyllysiâu oll yn rhan o'r un teulu 'codwarth'.
- Ni ddylech blannu'r rhain yn yr un pridd am flynyddoedd yn olynol.



Beth i'w dyfu

Tomatos

Os mai dim ond man bychan sydd gennych, neu ddim unlle i blanhigion tomatos i ddringo (gallant gyrraedd 8 troedfedd) chwiliwch am amrywiadau llai o domatos llwyn.

Perlysiâu

Ychydig o waith sydd i'w cynnal, maen nhw'n hawdd-eu-tyfu ac yn brydferth. Maen nhw hefyd yn berffaith ar gyfer eu tyfu mewn cynhwysydd neu ar batïo neu sil ffenest heulog. Tyfwch ba berlysiâu bynnag a hoffwch ar eich pítsa; y fferynnau pendant yw Basil, Oregano, Teim, Persli a Rhosmari.

Puprynnau

Mae puprynnau'n hyfryd fel topin pítsa a hefyd yn hawdd i'w tyfu. Byddai puprynnau siâp cloch, rhai melys neu rai banana boeth yn ddewisiadau da.

India-corn

Mae'r rhain yn tyfu'n dal, a gellir hefyd eu defnyddio i atgyfnerthu eich planhigion tomatos, gan arbed lle. Plannwch yr india-corn mewn grwpiau yn hytrach na llinellau gan fod arnynt angen planhigion eraill yn agos iddynt er mwyn peillio.

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