

## 10 Ways Your Setting Can Support Families

Your setting is likely to provide an essential and consistent service for families, providing quality play opportunities for children whilst supporting families to continue working, increase hours and train. Providing an affordable and accessible service to families is challenging during these economically challenging times but there are many things you can do to help. Here are 10 ways your setting can support families:

1. Be Care Inspectorate Wales (CIW) registered - being registered with CIW can improve quality, access and affordability of your service for families. It enables you to register with various initiatives such as Tax-Free Childcare, the Childcare Offer and the Childcare Element of Working Tax Credits, which gives parents financial support with fees and funded places. It also means you can run for over 2 hours and offer maximum hours to parents and carers enabling them to work longer hours fulfilling their working needs.
2. Be affordable and accessible – it's tricky to keep costs down when outgoings are so high but it's worth reviewing if there is any wiggle room to keep fees affordable for families, or even negotiating any other outgoings that might enable you to do it. Depending on how you operate your current booking and fee system there may be things you can do to support your families. Could you be more flexible in how parents pay and do you offer any discretionary support such as aligning your payment due date with a parents' pay day? If there is room for flexibility without compromising your business, it may make a big difference to parents. Alternatively, do you have an issue with unpaid fees? If you do, now might be the time to consider what actions you need to take to both support your business and your families. Allowing families to incur debt through unpaid fees could be a downward spiral to bigger problems for your parents and your business, so have a very clear picture of what you can and cannot allow. Clybiau Plant Cymru Kids' Clubs has a template fee policy available to members on our website [www.clybiauplantcymru.org](http://www.clybiauplantcymru.org)
3. Sign up for Tax Free Childcare (CIW registered settings only). This enables parents to claim up to £2,000.00 per year per child towards childcare fees. You can find more information at [www.childcarechoices.gov.uk](http://www.childcarechoices.gov.uk)
4. Support families of 3 – 4-year olds and registered for The Childcare Offer and support working families to claim up to 20 hours term time funded hours and up to 30 hours during the holidays. To register your setting visit <https://www.gov.wales/introduction-childcare-offer-wales-national-digital-service-> or contact your local Family Information Service.
5. Be pro-active in applying for funding – lots of funding opportunities, particularly for sustainability, will be aimed at those settings that are CIW registered or possibly those working towards registration but that doesn't mean there isn't funding available to those settings that are unregistered. There are lots of pots of money available for projects, equipment or resources. Ensure you are a member of Clybiau Plant Cymru Kids' Clubs and are signed up to receive our Weekly Bulletin for information on funding opportunities. <https://www.clybiauplantcymru.org/get-involved/>

6. Consider what discounts you can offer parents – offering a sibling discount eases the financial burden on families with more than one child. Block booking or early booking discounts are also great ways you can ease the financial burden to families and be good ways to support your cashflow.
7. Homework - With many parents needing to potentially work longer hours to increase their household income over the next few months, there will no doubt be some disruption to their work-life balance. This may mean they have less time to spend with their children after work on tasks like homework. Could your setting offer this as part of your normal service and create a space for children to do their homework, if they wish to do so, before they get home, easing both pressures and stresses of both parents and children and ensure their time together at home is of quality.
8. Snack time – with the potential risk that many families will be forced into food poverty, are there any ways your setting can provide a more substantial snack or ‘mini’ meal to ease the burden at home? Does your setting have the facilities? Could you access funding to purchase cooking equipment or snacks to enable you to do this? Perhaps you could work with your local school or community to consider ways to offer this? Does your local supermarket or bakery have a scheme where they donate any unsold stock that you may be able to collect?
9. Start a ‘swap-shop’ - could you provide a space for parents to donate unwanted, outgrown children’s clothes, including school uniforms, football kits or coats that may be of use to other families? Perhaps a clothing rail outside the club room or foyer where parents can take items they need. You could even ask for a small voluntary donation for each item to support your club.
10. Be a home from home – the current economic crisis is going to have a major impact on children and young people with potentially long term and harmful consequences. Your setting must be a place where children can relax and play, supporting their wellbeing and mental health. Ways to support children with their wellbeing and mental health can be found in our ‘10 Ways to Support Children’s Mental Health and Wellbeing’.

## Further information

[www.clybiauplantcymru.org](http://www.clybiauplantcymru.org)

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## 10 Ffordd y Gall Eich Lleoliad Gefnogi Teuluoedd

Mae eich lleoliad yn debygol o ddarparu gwasanaeth hanfodol a chysion i deuluoedd, gan ddarparu cyfleoedd chwarae o ansawdd i blant tra'n cefnogi teuluoedd i barhau i weithio, cynyddu eu horiau a hyfforddi. Mae darparu gwasanaeth fforddiadwy a hygyrch i deuluoedd yn heriol yn ystod y cyfnod heriol economaidd hwn ond mae llawer o bethau y gallwch eu gwneud i helpu. Dyma 10 ffordd y gall eich lleoliad gefnogi teuluoedd:

1. Ewch ati i fod yn gofrestrdig ag Arolygiaeth Gofal Cymru (AGC) - gall cael eich cofrestru gyda AGC wella ansawdd, mynediad a fforddiadwyedd eich gwasanaeth i deuluoedd. Mae'n eich galluogi i gofrestru ar gynlluniau amrywiol megis Gofal Plant Di-dreth, y Cynnig Gofal Plant ac Elfen Gofal Plant Credydau Treth Gwaith, sy'n rhoi cymorth ariannol i rieni gyda ffioedd a lleoedd wedi'u hariannu. Mae hefyd yn golygu y gallwch redeg am dros 2 awr a chynnig y nifer fwyaf posibl o oriau i rieni a gofalwyr gan eu galluogi i weithio mwy o oriau er mwyn cyflawni eu hanghenion gwaith.
2. Byddwch yn fforddiadwy ac yn hygyrch – mae'n anodd cadw costau i lawr pan fydd yr hyn sy'n cael ei dalu allan mor uchel, ond mae'n werth ei adolygu os oes unrhyw le i gadw ffioedd yn fforddiadwy i deuluoedd, neu hyd yn oed i drafod unrhyw bethau y telir amdanynt a allai eich galluogi i wneud hynny. Yn ddibynnol ar sut rydych chi'n gweithredu eich system archebu a ffioedd bresennol efallai y bydd pethau y gallwch eu gwneud i gefnogi eich teuluoedd. A allech chi fod yn fwy hyblyg o ran sut mae rhieni'n talu, ac ydych chi'n cynnig unrhyw gymorth dewisol fel cysoni'r taliad dyledus â diwrnod cyflog rhieni? Os oes lle i hyblygrwydd heb beryglu eich busnes, gall wneud gwahaniaeth mawr i rieni. Neu, a yw ffioedd sydd heb eu talu'n achosi problemau ichi? Os oes, yna efallai mai yn awr yw'r amser i ystyried pa gamau y mae angen i chi eu cymryd i gefnogi eich busnes a'ch teuluoedd. Gallai caniatáu i deuluoedd fynd i ddyled drwy ffioedd heb eu talu arwain at broblemau mwy i'ch rhieni a'ch busnes, felly byddwch â darlun clir iawn o'r hyn y gallwch ac na allwch ei ganiatáu. Mae gan Clybiau Plant Cymru Kids' Clubs dempled o bolisi ffioedd ar gael i aelodau ar ein gwefan [www.clybiauplantcymru.org](http://www.clybiauplantcymru.org)
3. Cofrestrwch ar gyfer Gofal Plant Di-dreth (lleoliadau sy'n gofrestrdig ag AGC yn unig). Mae hyn yn galluogi rhieni i hawlio hyd at £2,000.00 y flwyddyn y plentyn tuag at ffioedd gofal plant. Cewch hyd i ragor o wybodaeth ar [www.childcarechoices.gov.uk](http://www.childcarechoices.gov.uk)
4. Cefnogwch deuluoedd plant 3-4 oed i gofrestru ar gyfer y Cynnig Gofal Plant a chefnogwch deuluoedd sy'n gweithio i hawlio hyd at 20 awr wedi'u hariannu yn ystod y tymor a hyd at 30 awr yn ystod y gwyliau. I gofrestru eich lleoliad ewch i <https://www.gov.wales/introduction-childcare-offer-wales-national-digital-service-> neu cysylltwch â'ch Gwasanaeth Gwybodaeth i Deuluoedd lleol.
5. Byddwch yn rhagweithiol wrth wneud cais am gyllid – bydd llawer o gyfleoedd ariannu, yn enwedig ar gyfer cynaliadwyedd, wedi'u hanelu at y lleoliadau hynny sydd wedi'u cofrestru ag AGC neu o bosib y rhai sy'n gweithio tuag at gofrestru, ond nid yw hynny'n golygu nad oes cyllid ar gael i'r lleoliadau hynny sydd heb eu cofrestru. Mae llawer o botiau o arian ar gael ar gyfer prosiectau, offer neu adnoddau. Gwnewch yn sicr eich bod yn aelod o Clybiau Plant Cymru Kids' Clubs ac wedi cofrestru i dderbyn ein

Bwletin Wythnosol i gael gwybodaeth am gyfleoedd ariannu.  
<https://www.clybiauplantcymru.org/get-involved/>

6. Ystyriwch pa ostyngiadau y gallwch eu cynnig i rieni - mae cynnig gostyngiad yn achos brodyr a chwiorydd yn lleddfu'r baich ariannol ar deuluoedd sydd â mwy nag un plentyn. Mae archebu bloc neu ostyngiadau am archebu cynnar hefyd yn ffyrdd gwyhch o leddfu'r baich ariannol i deuluoedd ac yn ffyrdd da o gefnogi eich llif arian.
7. Gwaith cartref – Â llawer o rieni ag angen gweithio oriau hirach o bosibl i gynyddu incwm eu haelwyd dros y misoedd nesaf, mae'n siŵr y bydd rhywfaint o darfu ar eu cydbwysedd gwaith-bywyd. Gallai hynny olygu eu bod yn cael llai o amser i dreulio gyda'u plant ar ôl gwaith ar dasgau fel gwaith cartref. Gallai eich lleoliad gynnig hyn fel rhan o'ch gwasanaeth arferol a chreu lle i blant wneud eu gwaith cartref, os ydynt yn dymuno gwneud hynny, cyn iddynt gyrraedd adref, gan leddfu pwysau a straen y rhieni a'r plant a sicrhau bod eu hamser gyda'i gilydd gartref yn amser o ansawdd.
8. Amser byrbrydau – gyda'r risg bosibl y gall llawer o deuluoedd gael eu gorfodi i sefyllfa o dlodi bwyd, a oes unrhyw ffyrdd y gall eich lleoliad ddarparu byrbryd mwy sylweddol neu bryd 'bach' i leddfu'r baich gartref? Oes gan eich lleoliad y cyfleusterau? Allech chi gael eich ariannu i brynu offer coginio neu fyrbrydau i'ch galluogi i wneud hyn? Efallai y gallech weithio gyda'ch ysgol leol neu'ch cymuned i ystyried ffyrdd o gynnig hyn? A oes gan eich archfarchnad leol neu'ch becws gynllun lle maen nhw'n rhoi am ddim unrhyw stoc heb ei werthu, stoc y gallwch chi ei gasglu?
9. Dechrau 'cylich cyfnewid' - allech chi ddarparu lle i rieni roi dillad plant nad oes mo'u hangen bellach, rhai y mae'r plant wedi tyfu allan ohonynt, gan gynnwys gwisgoedd ysgol, citiau pêl-droed neu gotiau, a allai fod o ddefnydd i deuluoedd eraill? Efallai rheilen ddillad y tu allan i stafell y clwb, neu gyntedd lle gall rhieni gymryd eitemau sydd eu hangen arnynt. Gallech hyd yn oed ofyn am rodd fach wirfoddol ar gyfer pob eitem er mwyn cefnogi'ch clwb.
10. Byddwch yn gartref oddi cartref – bydd yr argyfwng economaidd presennol yn effeithio'n fawr ar blant a phobl ifanc ac â chanlyniadau tymor hir a niweidiol posib. Rhaid i'ch lleoliad fod yn lle y gall plant ymlacio a chwarae, un sy'n cefnogi eu lles a'u hiechyd meddwl. Mae ffyrdd o gefnogi plant gyda'u lles a'u hiechyd meddwl i'w cael yn ein '10 Ffordd i Gefnogi Iechyd Meddwl a Llesiant Plant'.

## Gwybodaeth bellach

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